

Why church?

To make Disciples.

**Marker 5 – Overcoming Fleshly
Appetites (b)**

Is it possible to overcome these cravings?

YES! But first you must want it.



Step 1. Address the Physical.

A. Physically remove objects from your home that can trigger old cravings, desires and behavior.



Step 1. Address the Physical.

B. Remove yourself from bad company.

1 Corinthians 15:33 (NLT2) ³³ “...bad company corrupts good character.”



Step 1. Address the Physical.

C. Stop visiting places where you find trouble, or where trouble finds you.



Step 2. Address Spiritual Issues in the Home

A. As you clean your house from physical items cast out any spirit that may be attached to that item.



Step 2. Address Spiritual Issues in the Home

B. Spiritually remove any presence that doesn't bring peace. Pray. Listen. Cleanse the home using Olive oil to anoint windows and doors.



Step 2. Address Spiritual Issues in the Home

Ephesians 6:10-12 (CSB Bible)

¹⁰ Finally, be strengthened by the Lord and by his vast strength.

¹¹ Put on the full armor of God so that you can stand against the schemes of the devil. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the cosmic powers of this darkness, against evil, spiritual forces in the heavens.

Step 2. Address Spiritual Issues in the Home

WARNING: Armor Up! Ephesians 6:13-18 (NIV)

Ephesians 6:13-18 (CSB Bible)

¹³ For this reason take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand. ¹⁴ Stand, therefore, with truth like a belt around your waist, righteousness like armor on your chest,



Step 2. Address Spiritual Issues in the Home

Ephesians 6:13-18 (CSB Bible)

¹⁵ and your feet sandaled with readiness for the gospel of peace.

¹⁶ In every situation take up the shield of faith with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit – which is the word of God.

Step 2. Address Spiritual Issues in the Home

Ephesians 6:13-18 (CSB Bible)

¹⁸ Pray at all times in the Spirit with every prayer and request, and stay alert with all perseverance and intercession for all the saints.



Step 2. Address Spiritual Issues in the Home

C. Replace with Spirit Fruit.

Galatians 5:22-23 (CSB Bible)

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control...



Step 3. Go to War Against the Flesh. (Sarx).

SARX - The Body, Human nature, Carnality.



Step 3. Go to War Against the Flesh. (Sarx).

Three areas Jesus was tempted.

1. The lust of the eyes.
2. The lust of the flesh.
3. The pride of life.



Step 3. Go to War Against the Flesh. (Sarx).

1 John 2:16 (NLT2)

¹⁶ For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world.



Step 3. Go to War Against the Flesh. (Sarx).

A. Destroy the Flesh

1: Crucify the Flesh - Put to death the Old nature.



Romans 6:1-14

Baptism is a picture of our death to the old life.

¹ What shall we say, then? Shall we go on sinning so that grace may increase? ² By no means! We died to sin; how can we live in it any longer? ³ Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death?



⁴ We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life. ⁵ If we have been united with him like this in his death, we will certainly also be united with him in his resurrection. ⁶ For we know that our old self was crucified with him so that the body of sin might be done away with, that we should no longer be slaves to sin--



⁷ because anyone who has died has been freed from sin. ⁸ Now if we died with Christ, we believe that we will also live with him. ⁹ For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him. ¹⁰ The death he died, he died to sin once for all; but the life he lives, he lives to God.



¹¹ In the same way, count yourselves dead to sin but alive to God in Christ Jesus. ¹² Therefore do not let sin reign in your mortal body so that you obey its evil desires.



13 Do not offer the parts of your body to sin, as instruments of wickedness, but rather offer yourselves to God, as those who have been brought from death to life; and offer the parts of your body to him as instruments of righteousness. 14 For sin shall not be your master, because you are not under law, but under grace.



Colossians 3:5-9(NLT).

“So, put to death the sinful, earthly things lurking within you. Have nothing do with sexual immorality, impurity, lust, and evil desires. Don’t be greedy, for a greedy person is an idolater, worshiping the things of this world. But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language. Don’t lie to each other, for you have stripped off your old sinful nature and all its wicked deeds”

Luke 9:23-24 (NLT)

“Then he said to the crowd, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross daily, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it.””



Galatians 2:20. (NKJV)

“I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.”









