

# GUARDRAILS





The Word of God gives direction and instruction  
but *we* install the guard rails.





A: Why do we need Guard rails?

1. To retain the freedom Jesus gives.





Gal. 5:1 (ESV)

5 For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.





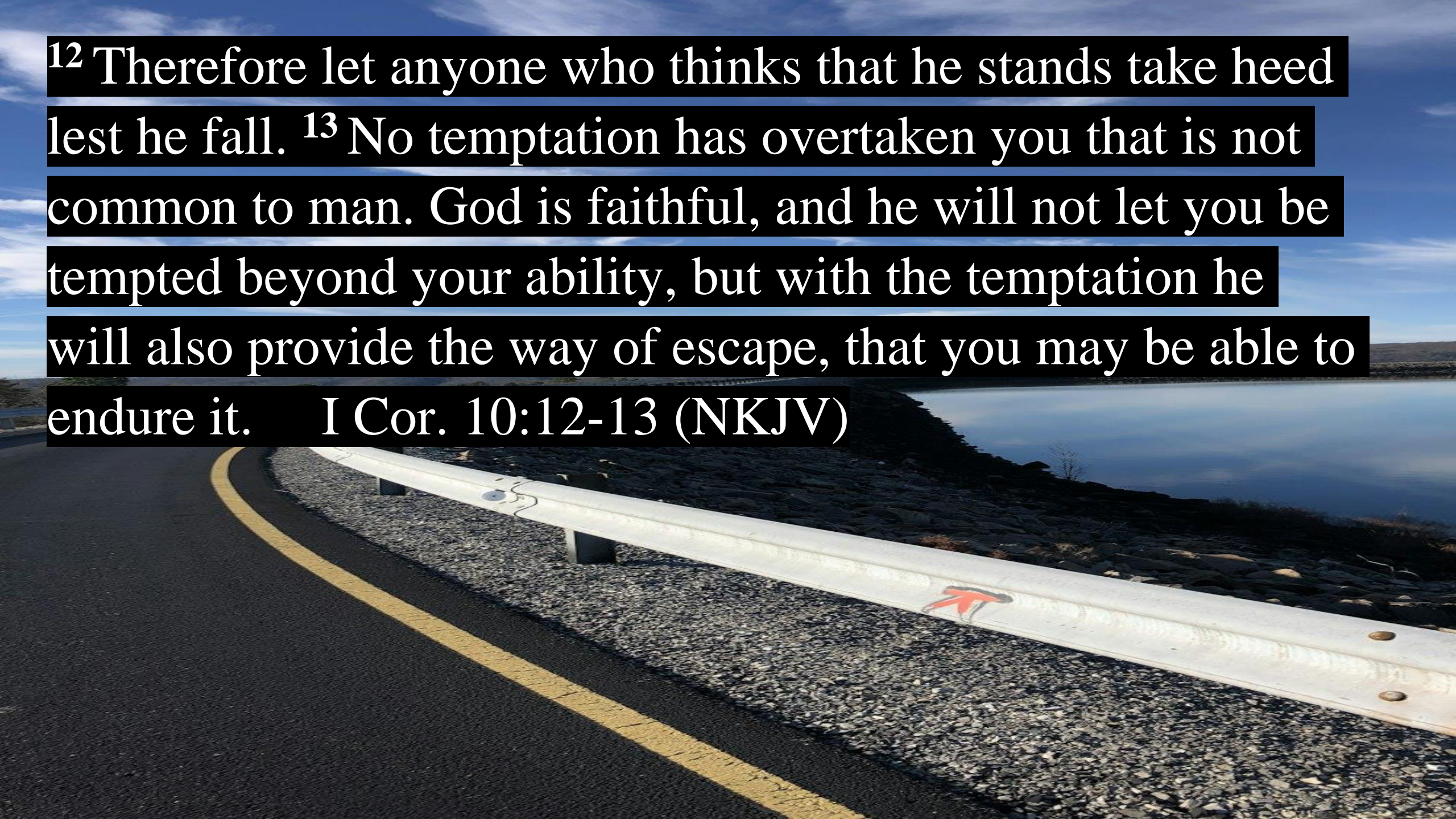
A: Why do we need Guard rails?

2. Because of temptation.





**1<sup>2</sup> Therefore let anyone who thinks that he stands take heed lest he fall. 1<sup>3</sup> No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. I Cor. 10:12-13 (NKJV)**





A: Why do we need Guard rails?

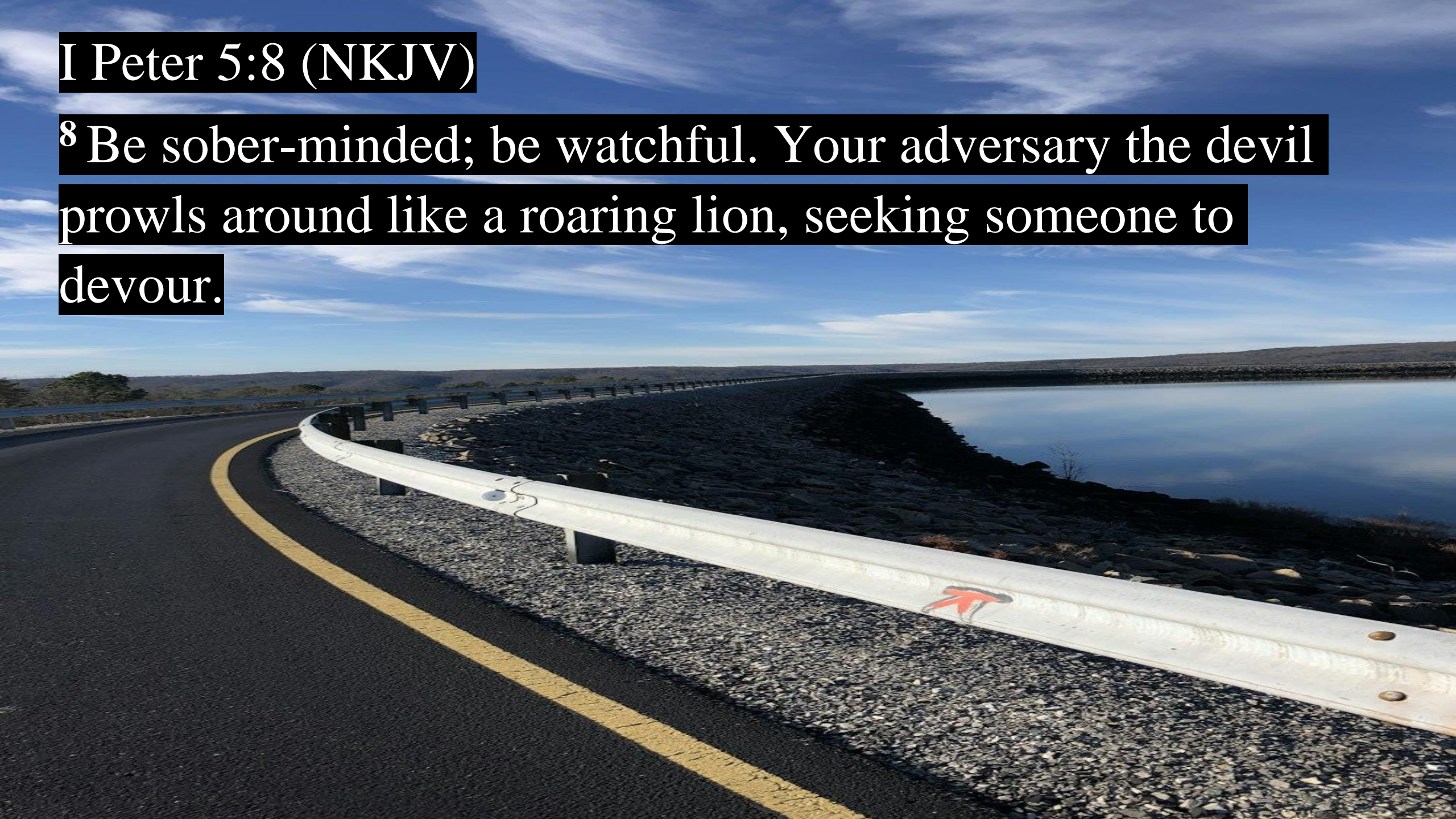
3. Satan is looking for a victim.





I Peter 5:8 (NKJV)

<sup>8</sup> Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.





## B. Building guard rails; What does that look like?

1. First you need to know your weaknesses.





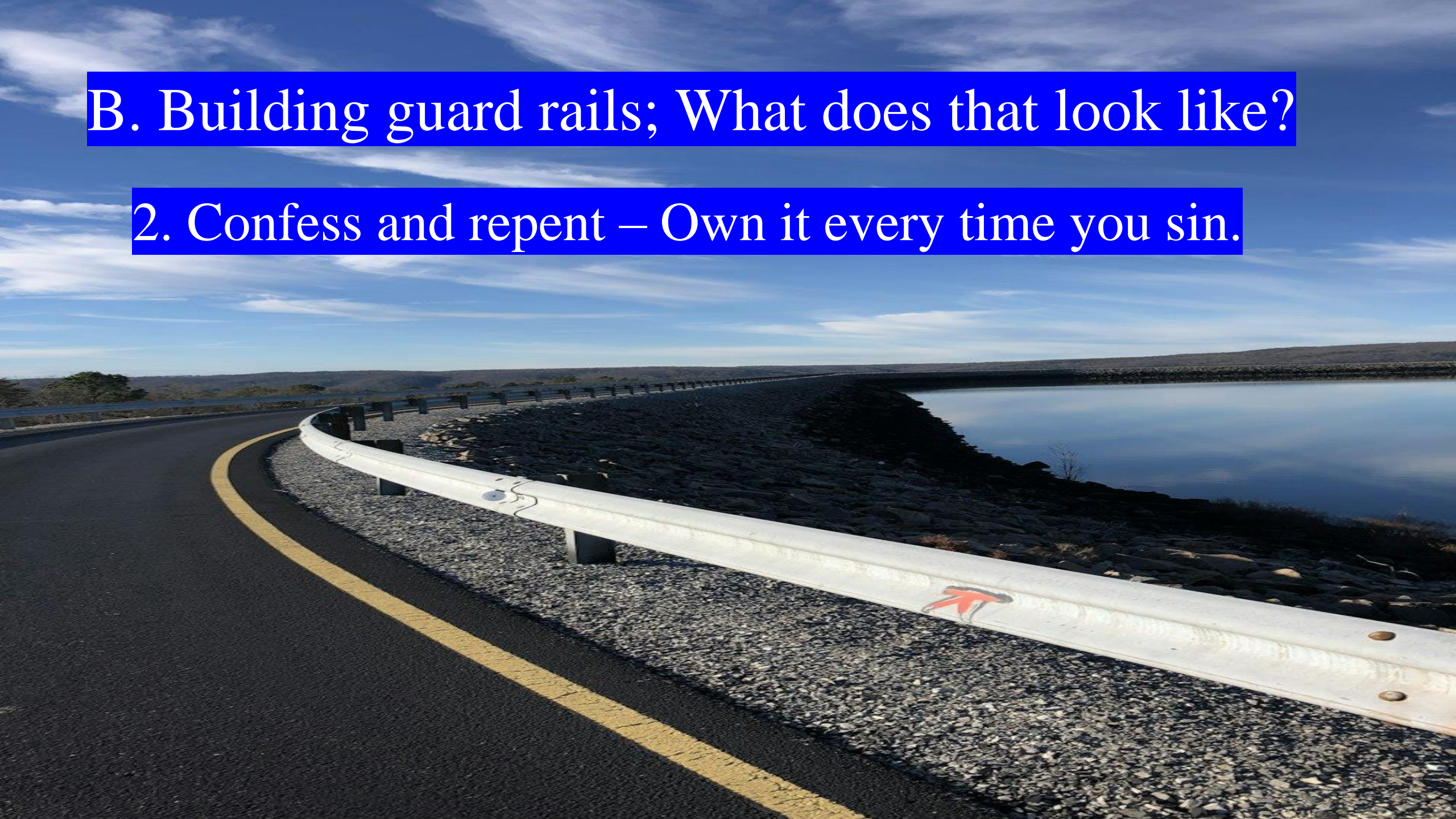
What is your greatest weakness? What sin are you most drawn to? In what area do you fail most often?





B. Building guard rails; What does that look like?

2. Confess and repent – Own it every time you sin.





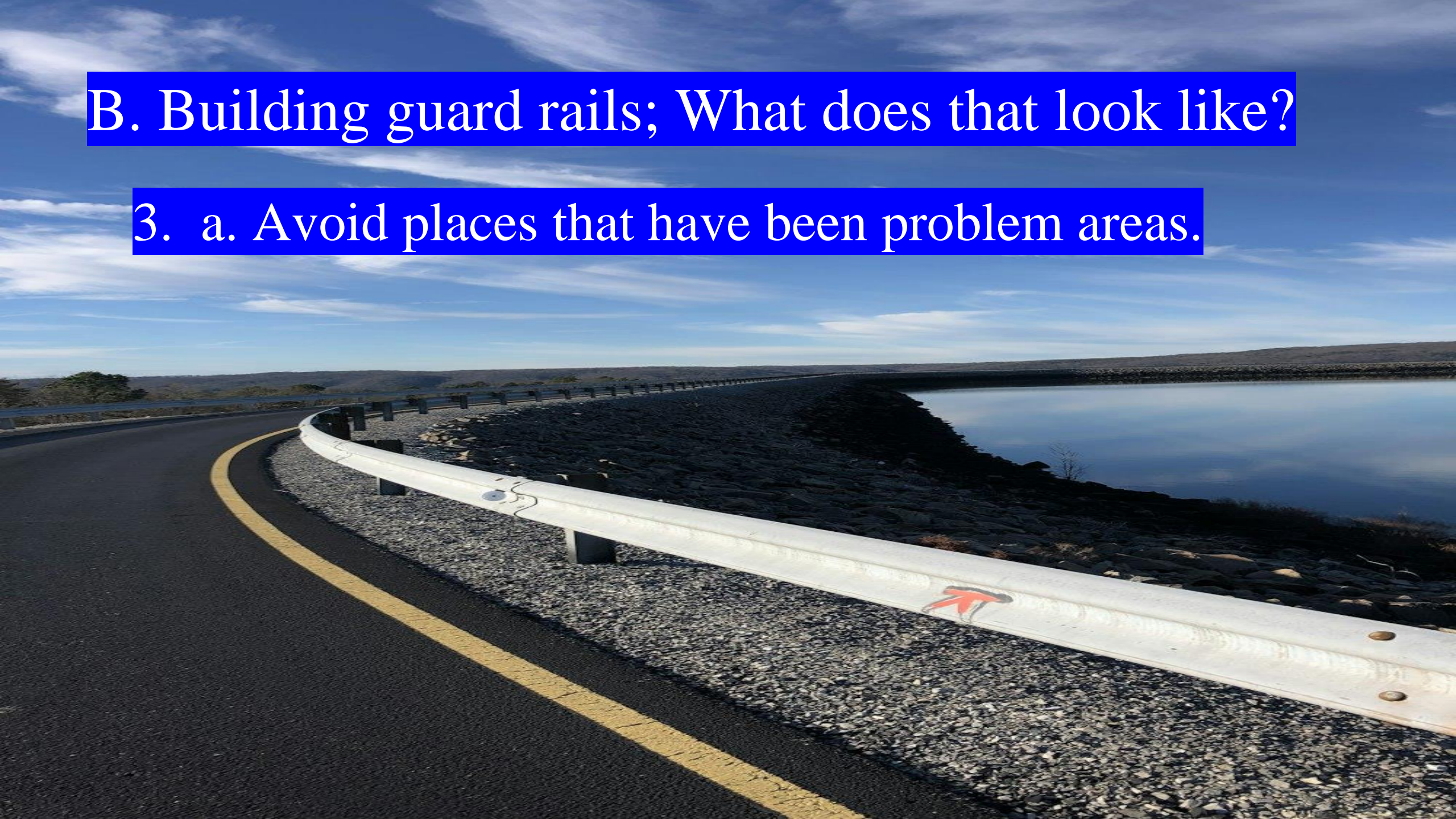
<sup>6</sup> Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you,  
<sup>7</sup> casting all your anxieties on him, because he cares for you. <sup>8</sup> Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

[The Holy Bible: English Standard Version](#) (Wheaton, IL: Crossway Bibles, 2016), 1 Pe 5:6-8.



B. Building guard rails; What does that look like?

3. a. Avoid places that have been problem areas.





B. Building guard rails; What does that look like?

3. b. Avoid people who are a bad influence.





B. Building guard rails; What does that look like?

3. c. Find an escape route.





**1<sup>2</sup> Therefore, let anyone who thinks that he stands take heed lest he fall. 1<sup>3</sup> No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. I Cor. 10:12-13 (ESV)**

[The Holy Bible: English Standard Version](#) (Wheaton, IL: Crossway Bibles, 2016), 1 Co 10:12-13.



C. Who is responsible for maintaining the guardrails of your life?





Jesus maintains your salvation.

You are responsible for maintaining your freedom.





Gal. 5:1 (ESV)

5 For freedom Christ has set us free; stand firm therefore, and do not submit again to a yoke of slavery.





A scenic landscape featuring a paved road with a yellow line on the left, a silver metal guardrail in the foreground, and a body of water in the background under a blue sky with light clouds. The text is overlaid on the top half of the image.

Maintain your guardrails – your freedom by:

1. Daily Repentance and Surrender.
2. Standing firm in prayer.
3. Daily surrender
4. Fellowship with other Believers



Maintain your guardrails – your freedom by:

1. Daily Repentance and Surrender.





<sup>23</sup> Search me, O God, and know my heart;

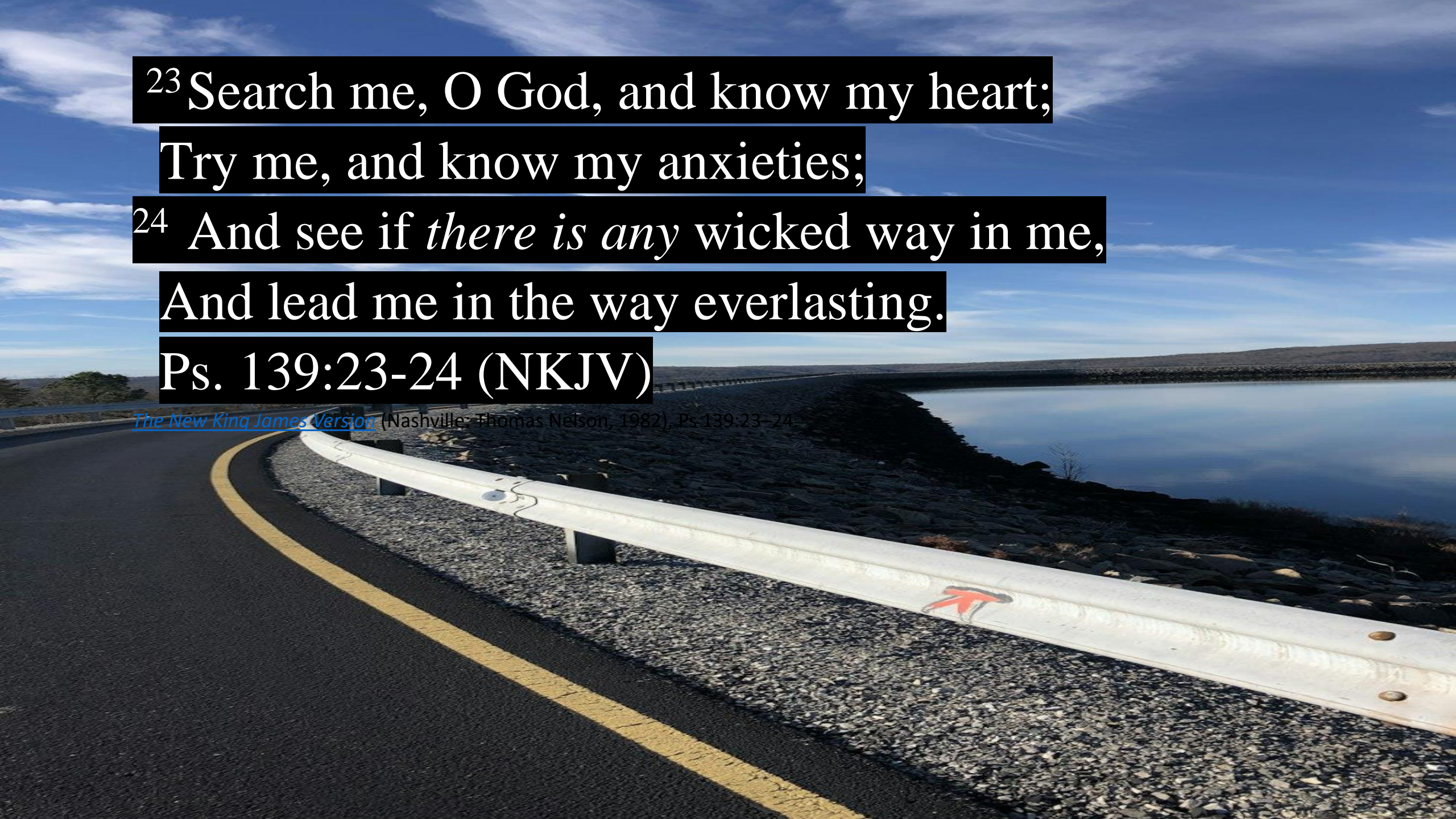
Try me, and know my anxieties;

<sup>24</sup> And see if *there is any* wicked way in me,

And lead me in the way everlasting.

Ps. 139:23-24 (NKJV)

[The New King James Version](#) (Nashville: Thomas Nelson, 1982), Ps 139:23-24





Maintain your guardrails – your freedom by:

2. Daily Worship – Eyes on Jesus.





Maintain your guardrails – your freedom by:

3. Daily Prayer





Maintain your guardrails – your freedom by:

4. Daily Bible Time





Maintain your guardrails – your freedom by:

5. Fellowship with other believers weekly.

